

Tuscarora HS All-Decade Team Announced

March 1, 2013 - Celebrating its tenth year as a program since the school opened in the fall of 2003, the Titans Soccer program has announced its All-Decade Team, recognizing the top performers from the program's first ten years. During this time, the Titans have won 3 State Championships, 4 Region Titles, 2 MVAL Titles, and hold a combined record of 109-35-11. Listed below is an overview of the All-Decade Team.



TUSCARORA HIGH SCHOOL GIRLS SOCCER
A DECADE OF EXCELLENCE
ALL-DECADE TEAM (2003-2012)

2005-12 NSCAA NATIONAL TEAM ACADEMIC AWARD
2005 NSCAA #23 NATIONAL RANKING
2004, 2005, 2009 MARYLAND STATE CHAMPIONS
2004, 2005, 2009, 2010 REGION CHAMPIONS
FREDERICK NEWS-POST PROGRAM OF THE DECADE

3 NSCAA ALL-AMERICAN AWARDS
6 NSCAA REGIONAL ALL-AMERICAN AWARDS
19 MACS ALL-STATE AWARDS

Leeza Constantoulakis (2003-06) ★★

- MACS 1st Team All-State Selection
- Frederick News-Post Player of the Year
- 4-Year Team Captain
- Led Team to 31 Shutouts in Career

Molly Franklin (2004-05) ★★

- NSCAA All-American
- 2-Time MACS 1st Team All-State
- 2-Time FNP Player of the Year
- Played at Clemson University

Emily Grant (2004-06) ★★

- MACS All-State Selection
- 2-Time All-MVAL Selection
- 9th All-Time Leading Scorer
- Played at Vanderbilt University

Claire Kelly (2007-10) ★

- 2-Time MACS All-State Selection
- 4-Time All-MVAL Selection
- 4-Time All-Area Selection
- Playing at High Point University

Emily Marshall (2009-12) ★

- NSCAA Scholar All-American
- NSCAA Region All-American
- 2-Time MACS 1st Team All-State
- Playing at Towson University

Amanda Meehan (2004-05) ★★

- 2-Time MACS All-State Selection
- 2-Time All-MVAL Selection
- 2-Year Team Captain
- Played at Loyola University



A diagram of a soccer field with player portraits placed in their respective positions. The players are: Aaron Parry (Goalkeeper), Courtney Yee (Goalkeeper), Molly Franklin (Defender), Emily Marshall (Defender), Emily Grant (Defender), Amanda Meehan (Defender), Claire Kelly (Defender), Annie Wickett (Defender), Leeza Constantoulakis (Midfielder), Danielle Roos (Midfielder), and Emmy Simpkins (Forward).

Aaron Parry (2009-12) ★

- NSCAA All-American
- 2-Time NSCAA Region All-American
- 4-Time MACS All-State Selection
- 67 Goals, 37 Assists in Career
- Playing at University of Tennessee

Danielle Roos (2005-08) ★

- MACS All-State Selection
- 3-Time All-Area Selection
- 14 Goals, 27 Assists in Career
- Played at Austin Peay & Shepherd

Emmy Simpkins (2004-05) ★★

- MACS 1st Team All-State Selection
- Frederick News-Post Player of the Year
- 2-Time Washington Post All-Met
- 20 Career Shutouts
- Playing at Rutgers University

Annie Wickett (2007-10) ★

- 3-Time All-Area Selection
- Led Team to 22 Shutouts in Career
- State Final Game Winning Goal
- Played at Eastern Kentucky Univ.

Courtney Yee (2004-07) ★★

- 3-Time MACS All-State Selection
- 4-Time 1st Team All-MVAL Selection
- 50 Goals, 21 Assists in Career
- 3 Career Goals in State Finals



109-35-11
PROGRAM CAREER RECORD

GK - Emmy Simpkins (2004-05) - A first team All-State selection, Simpkins led the Titans to 20 shutouts in her two seasons in the Titans net. She was the Frederick News-Post Player of the Year in 2005 and is a two-time State Champion. She went on to play collegiately at Rutgers University.

B - Annie Wickett (2007-2010) - A rock in the back, Wickett patrolled the Titans central defense leading the side to 22 shutouts in her final two years which included a state and two region titles. A 3-time All-Area selection, Wickett went on to play at Eastern Kentucky University.

B - Leeza Constantoulakis (2003-006) - The face of the Titans, Leeza was a four-year captain and starting central defender. During her career, she led the team to 31 shutouts and captained the side to two State Titles. She was a 1st Team All-State selection and was the Frederick News-Post Player of the Year in 2006.

B - Danielle Roos (2005-08) - A four-year starter, Roos was an All-State central midfielder for the side. She accumulated 14 goals and 27 assists in her career and was the program's all-time assist leader when she graduated. An All-State selection and member of the

2005 State Championship team, she still is responsible for the goal of the decade for the program. She went on to play at Austin Peay and Shepherd Universities.

M - Molly Franklin (2004-05) - Still considered one of the top five players to ever come out of Frederick County, Franklin is one of three All-Americans produced by the area. She was also named the State Player of the Year in 2005. The two-time Frederick News-Post Player of the Year left the program with 37 goals and 19 assists in leading the side to the 2004 and 2005 State Championships. She went on to play at Clemson University and is now on the women's soccer staff at Texas Tech University.

M - Emily Grant (2004-06) - The smooth midfielder was a three-year starter and All-State selection. She recorded 15 goals and 13 assists in her career as part of two State Championship teams. She was a team captain and went on to play at Vanderbilt University and in the WPSL for the Philadelphia Fever.

M - Claire Kelly (2007-10) - The consummate competitor, Kelly was a two-time All-State selection and two-year captain. More than any other player in program history, she was able to mold the entire team into taking on her playing characteristics. In the process, she captained the side to one State and two Region Championships. She went on to play in college at High Point University.

M - Emily Marshall (2009-12) - The only four-year starting central midfielder in program history, Marshall leaves holding all program assist records and accumulated 16 goals and 43 assists for her career. A two-time first team All-State selection, she was also named a Scholar All-American and Region All-American her senior year. The two-year captain was a starter on the 2009 State Championship team. The creative midfielder was named three Frederick News-Post Player of the Year in 2012. She is playing collegiately at Towson University.

M - Amanda Meehan (2003-05) - Meehan captained the team to State Titles in 2004 and 2005. The anchor of the team as a holding central midfielder, she was named an All-State selection in 2004 and 2005. She left the program with 9 goals and 15 assists. She went on to play collegiately at Loyola University.

F - Aaran Parry (2009-12) - The imposing forward finished her high school career as the most decorated player in county history. She is the only four-year All-State selection in county history and was a 2012 All-American and two-time Region All-American. A team captain, she was part of one State and two Region Titles. A Frederick News-Post Player of the Year, she leaves as the most entertaining and dynamic personality to ever grace the fields in the area and recorded 67 goals and 37 assists in her career. She is playing collegiately at the University of Tennessee.

F - Courtney Yee (2004-07) - A three time All-State selection, Yee was the program's All-Time leading scorer upon her graduation with 50 goals and 21 assists. This included a combined 3 goals in the 2004 and 2005 State Finals. A four-year All-Area selection, she holds the program record with 4 goals in a game.